

Free preventive prescriptions

MESSA ABC health plans include coverage for free preventive prescriptions

MESSA ABC health plans include coverage for an extensive list of free preventive prescriptions that are covered at no charge to MESSA ABC members (no copayment and no deductible charge). This coverage gives members who enroll in MESSA ABC additional ways to stretch their health care dollars and helps them limit their out-of-pocket costs.

Given the rapidly changing prescription drug market, this list is frequently updated. This version is current as of February 12, 2016. For the most accurate and up-to-date listing, visit the MESSA ABC area at messa.org or call MESSA's Member Service Center at 800.336.0013.

Preventive prescriptions that are covered for free under this MESSA ABC benefit include hundreds of generic and numerous "single-source" brand name drugs (single-source brand name drugs are drugs for which no generic options have been brought to market yet).

Covering these important preventive prescriptions helps keep down the cost of MESSA ABC. Making preventive services and preventive prescriptions more affordable (and in many cases, free) for patients means they are more likely to go see their doctor and follow their doctor's guidance. This helps MESSA members stay healthier and avoid higher cost services, such as emergency room visits and hospitalizations.

In order to be eligible for free preventive prescription coverage under this benefit, a prescription drug must be an FDA-approved drug therapy from one of the following standard preventive drug categories and it must be prescribed for the condition specified by the category:

- Alcohol dependence
- Breast cancer prevention
- Cholesterol-lowering agents
- Contraceptives for women
- Fluoride preparations
- High blood pressure-lowering agents (Hypertension)
- Prenatal vitamins
- Smoking cessation
- Weight loss

IMPORTANT

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Alcohol Dependence

Acamprosate
Disulfiram

Aspirin*

(generic OTC - 81 mg and 325 mg)

Breast Cancer Prevention

Raloxifene**
Tamoxifen**

Cholesterol-lowering

Advicor
Altoprev
Atorvastatin
Atorvastatin/Amlodipine
Cholestyramine
Cholestyramine Light
Colestipol
Crestor
Fenofibrate
Fenofibric Acid
Fenoglide
Fluvastatin
Fluvastatin ER
Gemfibrozil
Juvisynd
Lipofen
Livalo
Lovastatin
Lovaza
Niacin ER
Niacor
Pravastatin
Prevalite
Simcor
Simvastatin
Triglide
Trilipix
Vascepa
Vytorin
Welchol
Zetia

Contraceptives

Altavera
Amethia
Amethia Lo
Amethyst
Apri

Aranelle
Aviane
Azurette
Balziva
Bekyree
Beyaz
Blisovi FE
Blisovi 24 FE
Briellyn
Camila
Camrese
Camrese Lo
Caziant
Cryselle
Cyclafem 1/35
Cyclafem 7/7/7
Cyclessa
Cyred
Drospirenone-Ethinyl Estradiol
Ella
Emoquette
Enpresse-28
Errin
Generess FE
Gianvi
Gildess FE
Heather
Introvale
Jolessa
Jolivette
Juleber
Junel
Junel FE
Kaitlib FE
Kariva
Kelnor 1/35
Leena
Lessina 28
Levonorgestrel
Levonorg-Eth Estrad
Levora-28
Lo Minastrin FE
Loryna
Low-Ogestrel 28
Lutera
Medroxyprogesterone (Injection)
Microgestin
Microgestin FE
Minastrin 24 FE
Mononessa
Natazia
Necon
Next Choice

Nora-Be
Norethindrone
Norethindrone-Ethin Estradiol
Norgestimate and Ethinyl Estradiol
Norgestrel/Ethinyl Estradiol
Nortrel
Nuvaring
Ocella
Ogestrel-28
Orsythia
OTC Contraceptives (with a prescription)
Ovral
Portia 28
Previfem
Quasense
Reclipsen
Safyral
Setlakin
Sprintec
Sronyx
Syeda
Tilia FE
Tri-Legest FE 28
Tri-Lo-Estarylla
Tri-Lo-Marzia
Tri-Lo-Sprintec
Trinessa
Trinessa Lo
Tri-Previfem
Tri-Sprintec 28
Trivora-28
Velivet
Vienna
Wymzya FE
Xulane
Zarah
Zenchent
Zenchent FE
Zeosa
Zovia

Fluoride Preparations

Clinpro 5000
Denta 5000 Plus
Dentagel
Ethedent
Fluor-a-Day
Fluoride
Fluoritab
Flura-Drops
Prevident 5000
Prevident 5000 Enamel Protect

*Certain age and gender requirements apply. If you have questions about your eligibility for this coverage, call our Member Service Center at 800.336.0013.

**Medication may require a prior authorization before covered as free preventive.

Preventent 5000 Sensitive
SF 5000 Plus
Sodium Fluoride
Stannous Fluoride

Folic Acid*

(generic only - 0.4 mg and 0.8 mg)

Hypertension

Acebutolol
Afedintab CR
Aldactazide 50/50
Amiloride
Amiloride/Hydrochlorothiazide (HCTZ)
Amlodipine
Amlodipine/Benazepril
Atenolol
Atenolol/Chlorthalidone
Azor
Benazepril
Benazepril/Hydrochlorothiazide (HCTZ)
Benicar
Benicar HCT
Betaxolol
Bisoprolol
Bisoprolol/Hydrochlorothiazide (HCTZ)
Bumetanide
Bystolic
Candesartan
Candesartan/Hydrochlorothiazide (HCTZ)
Captopril
Captopril/Hydrochlorothiazide (HCTZ)
Cardene SR
Cardura XL
Cartia XT
Carvedilol
Chlorothalidone
Chlorothiazide
Clonidine
Clorpres
Coreg CR
Demser
Dibenzylamine
Dilt-CD
Diltiazem
Diltiazem 24 ER
Diltiazem ER
Dilt-XR
Diltzac ER
Diuril

Doxazosin
Dutoprol
Dyrenium
Edarbi
Edarbyclor
Edecrin
Enalapril
Enalapril/Hydrochlorothiazide (HCTZ)
Eplerenone
Eprosartan
Exforge
Exforge HCT
Felodipine ER
Fosinopril
Fosinopril/Hydrochlorothiazide (HCTZ)
Furosemide
Guanabenz
Guanfacine
Hydralazine
Hydrochlorothiazide (HCTZ)
Indapamide
Inderal LA
Innopran XL
Irbesartan
Irbesartan/Hydrochlorothiazide (HCTZ)
Isradipine
Labetalol
Levitol
Lisinopril
Lisinopril/Hydrochlorothiazide (HCTZ)
Losartan
Losartan HCT
Matzim LA
Methylothiazide
Methyldopa
Methyldopa/Hydrochlorothiazide (HCTZ)
Metolazone
Metoprolol Succinate
Metoprolol Tartrate
Metoprolol/Hydrochlorothiazide (HCTZ)
Minoxidil
Moexipril
Moexipril/Hydrochlorothiazide (HCTZ)
Nadolol
Nadolol/Bendroflumethiazide
Nicardipine
Nifediac CC
Nifedical XL
Nifedipine
Nifedipine ER
Nimodipine

Nisoldipine
Perindopril
Pindolol
Prazosin
Propranolol
Propranolol/Hydrochlorothiazide (HCTZ)
Quinapril
Quinapril/Hydrochlorothiazide (HCTZ)
Ramipril
Reserpine
Sorine
Sotalol
Sotalol AF
Spironolactone
Spironolactone/Hydrochlorothiazide (HCTZ) 25/25
Tarka
Taztia XT
Tekturna
Tekturna HCT
Telmisartan
Telmisartan/Hydrochlorothiazide (HCTZ)
Terazosin
Teveten (except 600 mg)
Teveten HCT
Timolol
Torsemid
Trandolapril
Trandolapril/Verapamil
Triamterene/Hydrochlorothiazide (HCTZ)
Twynsta
Valsartan
Valsartan/Hydrochlorothiazide (HCTZ)
Verapamil
Verapamil ER

Iron Supplements*

(generic only – 15 mg drops)

Prenatal Vitamins

Atabex
Cadeau DHA
Cal-Nate
Citranatal 90 DHA
Citranatal Assure
Citranatal DHA
Citranatal Rx
Complete Natal DHA
Completenate

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Complete-RF Prenatal
Duet DHA
Duet DHA EC
Duet DHA with Ferrazone
Elite-OB
Folbecal
Folcaps Care One
Folinatal Plus B
Gentex Ade
Gesticare DHA
Inatal Advance
Inatal Ultra
Marnatal-F Plus
M-Vit
Mynatal
Mynatal Advance
Mynatal Plus
Mynatal-Z
Natachew
Natafort
Natelle One
Natelle-EZ
Nestabs
Nexa Select
Nutrinate
OB Complete
OB Complete 400
OB Complete DHA
OB Complete Gold
OB Complete One
OB-Natal One
Obtrex
Obtrex DHA
O-Cal FA
O-Cal Prenatal
Omega 3
Omega-3 Acid Ethyl Esters
Omega-3 + Vitamin D3
Optinate
Paire OB Plus DHA
PNV 29-1
PNV-DHA
PNV-DHA + Ducosate
PNV-DHA Plus
PNV-Iron
PNV-Omega
PNV-Select
PNV-Total
Precare Premier
Prefera-OB

Prefera-OB One
Prefera-OB plus DHA
Prenaplus
Prenatabs FA
Prenatabs Rx
Prenatal 19
Prenatal AD
Prenatal Low Iron
Prenatal Multivitamin with Iron
Prenatal Plus
Prenatal Rx 1
Prenatal U
Prenate DHA
Prenate Elite
Prenate Essential
Preplus
Preque 10
PR Natal 400
PR Natal 400 – EC
PR Natal 430
PR Natal 430 EC
Select-OB + DHA
SE-Natal 19
Setonet
Setonet-EC
Taron BC
Taron-C DHA
Taron Prex Prenatal
Theranatal One
Thrivite Rx
Triadvance
Trimesis Rx
Trinatal Rx 1
Trinate
Triveen Duo DHA
Triveen 1
Triveen-PRX – RNF
Triveen Ten
UltimateCare One
UltimateCare One NF
Ultra Natalcare
Venatal-FA
Vinate AZ
Vinate Calcium
Vinate Care
Vinate GT
Vinate IC
Vinate II
Vinate One
Vinate PN Care

Vinate Ultra
Vinate-M
Virt-Nate
Virt-Nate DHA
Virt-PN
Virt-PN DHA
Vitafof-FE+
Vitafof-OB
Vitafof-OB+DHA
Vitaspire
Vol-Nate
Vol-Plus
Vol-Tab-Rx
VP-CH-PNV
VP-Heme OB
VP-PNV-DHA
Zatean CH
Zatean-PN
Zatean-PN – DHA
Zatean-PN – Plus

Smoking Cessation Products*

Buproban (generic Zyban 150 mg only)
Bupropion ER/SR
(generic Zyban 150 mg only)
Chantix
Nicotine OTC Patches and Gum
Nicotrol
Nicotrol NS

Vitamin D* (generic only)

Weight Loss Products

Belviq
Benzphetamine
Contrave
Diethylpropion
Phendimetrazine
Phentermine
Qsymia
Saxenda
Suprenza
Xenical